

Tick Cards - Print Yourself Version

Tick cards can easily be printed on any printer, cut, and then folded. Once you have printed this document and cut out the design below, follow these steps for folding:



1 Fold vertically.



2 Fold horizontally.



(Front)



(Inside)




(Back)

“Tick Information Card” should be on the front, “Submit iNaturalist Photos” should be on the back. The inside of the card should have “If you find a tick on you” on top and “Important Ticks of Nebraska” on the bottom.

FIND A TICK? TAG IT & GO! FND A TICK? TAG IT & GO!

TO FIND

SCAN ME




Upload photos to iNaturalist to help us study ticks in Nebraska.

- Use a light colored background.
- Don't zoom in.
- Take clear focused photos.

SUBMIT NATURALIST PHOTOS

IF YOU FIND A TICK ON YOU




- Use tweezers, grasp it as close to the skin as possible and pull straight out.
- Disinfect the bite.
- Photograph and store tick in freezer or rubbing alcohol.
- Record date and location of tick and submit to iNaturalist.
- Contact health care providers with questions, concerns or if symptoms occur.



Tick Prevention

- Wear light colored clothing.**
- Tuck shirts in pants and pants in socks.**
- Use EPA-approved repellents as directed.**
- Shower, check crevices after being outside.**
- Clothes in dryer on high for 30 minutes.**
- Full body checks on you, children and pets.**

TICK INFORMATION CARD






Visit our website
ticktaggo.unl.edu












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Important Ticks of Nebraska

	Lone Star Tick <i>Amblyomma americanum</i>	American Dog Tick <i>Dermacentor variabilis</i>	Blacklegged (Deer) Tick <i>Ixodes scapularis</i>	Gulf Coast Tick <i>Amblyomma maculatum</i>
Engorged (Full of blood)	M	F	M	F
Adult				
Nymph				
Larva				

Approximate tick sizes shown above