DON’T LET TICKS KEEP YOU INDOORS.

Ticks are active year-round - not just in the summer. By following precautionary measures against ticks and practicing safe tick removal, you will be ready to enjoy the great outdoors!

PREVENT
Use EPA-approved repellents (DEET, picaridin, etc.). Tuck pants into socks.

CHECK
Check yourself, children and pets for ticks. Circles above highlight areas ticks prefer.

REMOVE
Use tweezers, grasp tick as close to the skin as possible and pull straight out.

TAG & GO
Become a citizen scientist and help researchers better understand where ticks are present and what health risks they may pose.

Submit tick photos to: inaturalist.org/projects/tick-tag-go

Scan me to find iNaturalist!

TickTagGo.unl.edu

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